

Conference 4 Results 4000 Run

1	Linda Cameron	12	Oyster Bay	6:58.3	17:19.50	1
2	Maggie Mcnamara	8	Oyster Bay	7:06.8	17:40.63	2
3	Laura Angelone	10	Oyster Bay	7:13.8	17:58.06	3
4	Elina Leandrou	8	Oyster Bay	7:14.1	17:58.90	4
5	Catherine Zamroz	10	Island Trees	7:26.2	18:28.95	5
6	Angela Brocco	12	Island Trees	7:41.1	19:05.89	6
7	Cara Duffy	7	Island Trees	7:53.1	19:35.70	7
8	Anna Lee Sadocha	11	Oyster Bay	8:00.7	19:54.63	8
9	Marissa Karasz	11	Mineola	8:07.6	20:11.78	
10	Brittany Jenkofsky	10	Island Trees	8:07.7	20:12.17	9
11	Claudia Serna	11	Mineola	8:09.8	20:17.22	
12	Christina Masiakos	12	Oyster Bay	8:12.2	20:23.23	10
13	bella pace	10	Oyster Bay	8:12.5	20:23.88	11
14	Deborah Gabbay	12	Mineola	8:16.9	20:35.01	
15	Keilah Parada	10	Island Trees	9:35.5	23:50.38	12

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Oyster Bay	18	1	2	3	4	8	10	11		
	Total Time:	1:30:51.72									
	Average:	18:10.35									
2	Island Trees	39	5	6	7	9	12				
	Total Time:	1:41:13.09									
	Average:	20:14.62									

Event 3 Girls 4k Run CC Varsity 2 Race

Name	Year	School	Avg Mile	Finals	Points	
Conference 2 Results 4000 Run						
1	Alexis Tillman	11	Jfk Bellmore	7:02.0	17:28.86	1
2	Hannah Gallo	12	Jfk Bellmore	7:02.6	17:30.22	2
3	Alexa Thorne	12	Great Neck South	7:08.9	17:45.90	3
4	Dorothy Liu	10	Great Neck South	7:22.2	18:19.02	4
5	Erika Fuchs	12	Jfk Bellmore	7:23.8	18:23.00	5
6	Miranda Zhang	11	Great Neck South	7:27.0	18:31.01	6
7	Olivia Conlon	10	Jfk Bellmore	7:35.1	18:51.02	7
8	Sarah Kelliher	11	Long Beach	7:36.9	18:55.58	8
9	Claire Sweeny	12	Long Beach	7:39.8	19:02.62	9
10	Gracia Bualati	10	Great Neck South	7:41.0	19:05.65	10
11	Carmen Tong	11	Great Neck South	7:52.5	19:34.41	11
12	Olivia Lam	10	Great Neck South	7:53.0	19:35.63	12
13	Defrancesco Isabella	10	Long Beach	7:58.8	19:49.85	13
14	Alexandra Brinton	9	Jfk Bellmore	8:03.1	20:00.72	14
15	Tian Colby	9	Jfk Bellmore	8:05.7	20:07.07	15
16	Ji - Ann Greenberg	12	Great Neck South	8:06.0	20:07.88	16
17	Sabrina Ng	9	Great Neck South	8:06.7	20:09.61	
18	Julia Gallati	12	Jfk Bellmore	8:07.9	20:12.58	17
19	Gabriella Wong	11	Great Neck South	8:09.3	20:15.94	
20	Hailey Ricciardi	12	Long Beach	8:11.3	20:20.96	18
21	Emily Bonanno	12	Jfk Bellmore	8:13.1	20:25.52	
22	Jabin Pu	10	Great Neck South	8:19.0	20:40.17	
23	Taylor Brantley	11	Long Beach	8:27.0	21:00.05	19
24	Tara Hilsenrod	10	Long Beach	8:51.9	22:02.04	20
25	Cynthia Sarno	11	Long Beach	8:52.3	22:02.84	21
26	Halle Henry	12	Long Beach	8:54.1	22:07.29	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 2 Results 4000 Run											
1	Jfk Bellmore	29	1	2	5	7	14	15	17		
	Total Time:	1:32:13.82									
	Average:	18:26.77									
2	Great Neck South	34	3	4	6	10	11	12	16		
	Total Time:	1:33:15.99									
	Average:	18:39.20									
3	Long Beach	67	8	9	13	18	19	20	21		
	Total Time:	1:39:09.06									
	Average:	19:49.82									

Conference 4 Results 4000 Run

1	Daniela LoCastro	11	Cold Spring Harbor	6:19.7	15:43.57	1
2	Gabriella Martins	12	Clarke	7:13.0	17:56.20	2
3	Briana Pereira	10	Clarke	7:20.2	18:14.07	3
4	Alexandra Rodriguez	11	Clarke	7:36.7	18:54.93	4
5	Kate Su	9	Clarke	8:03.0	20:00.29	5
6	Caroline DeBellis	8	Cold Spring Harbor	8:33.6	21:16.42	6
7	Abby Pineda	9	Clarke	8:43.1	21:40.09	7
8	Alyssa Ng	9	Clarke	8:49.4	21:55.67	8
9	Nicole Schaffer	11	Cold Spring Harbor	8:53.1	22:04.89	9
10	Alyssa Peralta	10	Clarke	9:13.7	22:56.17	10
11	Melissa Karbian	11	Clarke	9:17.6	23:05.88	
12	Ava Goncalves	11	Clarke	9:40.4	24:02.55	
13	Claire Taylor	9	Cold Spring Harbor	9:54.1	24:36.63	11
14	Tori Kalberer	11	Clarke	9:56.6	24:42.81	
15	Kristen Incorvaia	11	Cold Spring Harbor	9:59.2	24:49.11	12

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 4 Results 4000 Run											
1	Clarke	21	2	3	4	5	7	8	10		
	Total Time:	1:36:45.58									
	Average:	19:21.12									
2	Cold Spring Harbor	39	1	6	9	11	12				
	Total Time:	1:48:30.62									
	Average:	21:42.13									

Event 4 Girls 4k Run CC varsity 3 Race

Name	Year	School	Avg Mile	Finals	Points
Conference 2 Results 4000 Run					
1	Celeste	Traub	10	Jericho	6:23.4 15:52.75 1
2	Juliette	Milman	11	Jericho	6:41.0 16:36.65 2
3	Taylor	Held	12	Mepham	6:58.8 17:20.86 3
4	Carissa	Kahn	10	Mepham	6:58.9 17:21.10 4

5	Tara DeRosa	12	Mepham	7:02.1	17:28.96	5
6	Jessica Huang	11	Jericho	7:07.2	17:41.67	6
7	Briana Noto	11	Mepham	7:11.7	17:52.79	7
8	Lisa Condoluci	12	Mepham	7:13.1	17:56.36	8
9	Roseanna Skidmore	10	Mepham	7:14.3	17:59.35	9
10	Karin Durels	12	Mepham	7:15.7	18:02.75	10
11	Annalee Molloy	8	Frank Carey	7:19.9	18:13.20	11
12	Haley McPartland	12	Mepham	7:27.5	18:32.11	
13	Lizzy Eisenberg	11	Mepham	7:28.5	18:34.74	
14	Sara Goldstein	9	Mepham	7:30.0	18:38.45	
15	Sylvia Peng	11	Jericho	7:43.4	19:11.68	12
16	Katherine Procacci	8	Frank Carey	7:47.3	19:21.35	13
17	Kyra Cardoso	8	Frank Carey	7:52.9	19:35.29	14
18	Allison Freese	10	Frank Carey	7:54.6	19:39.57	15
19	Seyun Yoon	12	Jericho	7:59.2	19:50.97	16
20	Haroulla Papaleontiou	11	Frank Carey	8:09.4	20:16.31	17
21	Grace Hu	10	Jericho	8:20.0	20:42.60	18
22	Cythia Chu	11	Jericho	8:21.7	20:46.85	19
23	Sabrina Wong	10	Jericho	8:25.9	20:57.29	
24	Grace Mok	12	Jericho	8:28.6	21:03.95	
25	Carly Sheinberg	12	Jericho	8:35.7	21:21.71	
26	Brianna Adams	11	Frank Carey	9:21.0	23:14.31	20
27	Djudma Cherilus	11	Westbury	10:10.5	25:17.39	21
28	Maryam Salawu	10	Westbury	10:12.0	25:21.08	22
29	Kayling Benitez	11	Westbury	12:44.5	31:40.10	23
30	Lola Animashaun	9	Westbury	12:48.2	31:49.20	24
31	Tea Caines	10	Westbury	12:48.4	31:49.70	25
32	Nicole Colleso	10	Westbury	13:04.0	32:28.40	26

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 2 Results 4000 Run											
1	Mepham	27	3	4	5	7	8	9	10		
	Total Time:	1:28:00.07									
	Average:	17:36.02									
2	Jericho	37	1	2	6	12	16	18	19		
	Total Time:	1:29:13.72									
	Average:	17:50.75									
3	Frank Carey	70	11	13	14	15	17	20			
	Total Time:	1:37:05.72									
	Average:	19:25.15									
4	Westbury	115	21	22	23	24	25	26			
	Total Time:	2:25:57.47									
	Average:	29:11.50									

Conference 4 Results 4000 Run

1	kiera donovan	11	West Hempstead	6:35.4	16:22.54	
2	Morgan Hanel	12	Wheatley	7:18.8	18:10.55	1
3	Leigh Anderson	12	Wheatley	7:34.0	18:48.27	2
4	Katherine Keller	12	Wheatley	7:51.1	19:30.84	3
5	Gracie Eisman	11	Seaford	8:02.0	19:57.84	4
6	Tina Miller	10	Seaford	8:10.7	20:19.51	5
7	Rachel Graves	9	East Rockaway	8:15.4	20:31.24	6
8	Emma Nicoletti	12	East Rockaway	8:23.0	20:50.12	7
9	Jessie Cao	11	Wheatley	8:27.8	21:01.98	8
10	Alexa Georgetown	11	Wheatley	8:46.2	21:47.70	9
11	Kristi Ackerina	9	East Rockaway	9:11.3	22:50.08	10

Average: 16:54.75
 2 Herricks 45 5 7 10 11 12 13 14
 Total Time: 1:34:05.09
 Average: 18:49.02

Conference 4 Results 4000 Run

1	Paige Duca	12	Friends Academy	6:25.7	15:58.55	1
2	Maggie Reid	12	Locust Valley	7:12.1	17:54.00	2
3	Kameron Palagonia	11	Locust Valley	7:23.6	18:22.53	3
4	Madeline Casalino	12	Locust Valley	7:25.1	18:26.21	4
5	Anna Pappas	9	Friends Academy	7:29.3	18:36.56	5
6	Katherine Pappas	12	Friends Academy	7:34.9	18:50.55	6
7	Siobhan O'Neill	12	Locust Valley	7:39.4	19:01.61	7
8	Amanda Weiss	11	Locust Valley	7:52.0	19:33.05	8
9	Roisin O'Neill	10	Locust Valley	7:54.5	19:39.21	9
10	Kristy Jahchan	10	Locust Valley	7:54.6	19:39.41	10
11	Paige Gugerty	12	Locust Valley	8:14.9	20:30.09	
12	Madison Rielly	9	Friends Academy	8:17.9	20:37.52	11
13	Stessy Louis	12	VS South	8:48.3	21:53.08	
14	Natalia Fernandez	11	VS South	9:07.0	22:39.56	
15	Elizabeth Chatpar	9	Friends Academy	9:13.4	22:55.37	12
16	Anna Asnis	9	Friends Academy	9:14.1	22:57.19	13
17	Keylii Lopez-Sarceno	12	VS South	9:51.2	24:29.20	
18	Kimberly Oliveira	12	VS South	10:42.7	26:37.44	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 4 Results 4000 Run											
1	Locust Valley	24	2	3	4	7	8	9	10		
	Total Time:	1:33:17.40									
	Average:	18:39.48									
2	Friends Academy	35	1	5	6	11	12	13			
	Total Time:	1:36:58.55									
	Average:	19:23.71									

Girls 4k Run CC Jr. Varsity

Name	Year	School	Avg Mile	Finals	Points	
Non-Award Results 4000 Run						
1	Late Registration	1	Girls Team A	7:55.4	19:41.57	1
2	Late Registration	2	Girls Team A	8:12.3	20:23.62	2
3	Late Registration	3	Girls Team A	9:29.6	23:35.62	3
4	Late Registration	4	Girls Team A	9:44.0	24:11.44	4
5	Late Registration	5	Girls Team A	9:44.6	24:12.85	5
6	Late Registration	6	Girls Team A	10:07.3	25:09.33	6
Conference 2 Results 4000 Run						
1	Jenna DeRosa	10	Mephram	7:35.5	18:52.00	1
2	Lindsay Grippo	11	Garden City	7:41.4	19:06.63	2
3	Rebecca Spear	10	Mephram	7:44.9	19:15.30	3
4	Natalie Pekoff	9	Mephram	7:45.1	19:15.86	4
5	Rachel Skidmore	9	Mephram	7:46.5	19:19.40	5
6	Jacqueline Andreuzzi	9	Garden City	7:52.4	19:34.04	6
7	Danielle Mistretta	10	Garden City	8:05.9	20:07.58	7
8	Lauren Mamay	11	Calhoun	8:06.7	20:09.69	8
9	Catherine Wallace	9	Garden City	8:07.6	20:11.86	9

10	Jamie Marvin	12	Mepham	8:11.2	20:20.75	10
11	Tara Skahill	11	Garden City	8:13.1	20:25.42	11
12	Lisa Margaria	10	Calhoun	8:15.5	20:31.55	12
13	Alexa Gozun	10	Garden City	8:16.9	20:34.99	13
14	Kayleigh O'Connor	10	Wantagh	8:17.5	20:36.38	14
15	Suzanne Holobigian	9	Garden City	8:19.2	20:40.62	15
16	Alyssa Lyman	10	Mepham	8:20.8	20:44.56	16
17	Taylor O'Brien	11	Mepham	8:21.0	20:45.05	17
18	Sydney Donner	10	Jericho	8:21.3	20:45.76	18
19	Alena Korins	9	Calhoun	8:26.3	20:58.39	19
20	Melissa Conelli	11	Garden City	8:27.7	21:01.70	
21	Roxana Cardoza	9	Wantagh	8:27.7	21:01.89	20
22	Kate Andrews	9	Calhoun	8:30.6	21:08.97	21
23	Olivia DeCurtis	11	Garden City	8:33.1	21:15.29	
24	Lindsay Jordan	9	Calhoun	8:33.2	21:15.52	22
25	Meredith McLaughlin	11	Garden City	8:33.6	21:16.46	
26	Lindsay Whiteman	9	Wantagh	8:36.2	21:22.90	23
27	Maguerite Wang	9	Jericho	8:36.3	21:23.10	24
28	Danielle Bonanno	12	Jfk Bellmore	8:37.5	21:26.12	25
29	Julia Gross	10	Jericho	8:38.0	21:27.35	26
30	Sarah Schneider	11	Mepham	8:38.2	21:27.96	
31	Regan Padala	9	Garden City	8:38.4	21:28.47	
32	Nikki Gaynor	11	Wantagh	8:40.2	21:32.97	27
33	Hannah Fitzpatrick	12	Calhoun	8:46.9	21:49.61	28
34	Michele Mazza	10	Calhoun	8:48.7	21:53.86	29
35	Karin Cho	10	Great Neck South	8:50.1	21:57.48	
36	Kayla Conway	9	Wantagh	8:51.0	21:59.74	30
37	Sandra Re	10	Wantagh	8:52.4	22:03.06	31
38	Jamie Kanner	12	Jfk Bellmore	8:55.1	22:09.77	32
39	Caitlin Jaeggli	9	Wantagh	8:55.3	22:10.28	33
40	Helena Henry	9	Long Beach	8:58.3	22:17.72	
41	Emily Fenter	12	Wantagh	9:00.5	22:23.31	
42	Kendra Zheng	9	Jericho	9:01.6	22:26.08	34
43	Avital Benyamini	12	Herricks	9:02.7	22:28.70	
44	Jiani Liang	12	Jericho	9:03.3	22:30.26	35
45	Olivia Zukowski	9	Wantagh	9:05.2	22:35.03	
46	Alicia Cristoforo	10	Garden City	9:13.4	22:55.40	
47	Kristal Wong	9	Jericho	9:17.7	23:06.13	36
48	Alana Blumenthal	12	Long Beach	9:20.4	23:12.71	
49	Angela Maure	10	Long Beach	9:23.9	23:21.40	
50	Kayla McGlone	9	Jfk Bellmore	9:25.7	23:25.93	37
51	Alexa Dowling	10	Wantagh	9:30.6	23:38.12	
52	Chloe Hwang	10	Jericho	9:34.4	23:47.59	38
53	Kariina Cirone	9	Wantagh	9:35.7	23:50.91	
54	Tara Elengickal	11	Jfk Bellmore	9:39.5	24:00.33	39
55	Jackie Toback	11	Calhoun	9:41.4	24:04.84	
56	Renee Korgood	11	Jfk Bellmore	9:42.2	24:06.89	40
57	Lauren Dimilta	9	Herricks	9:42.9	24:08.73	
58	Emily Cotter	10	Jfk Bellmore	9:49.5	24:25.05	41
59	Lauren Slovensky	12	Garden City	9:52.0	24:31.36	
60	Lindsay Silverman	10	Jericho	9:55.2	24:39.16	
61	Eliza Liriano	11	Mepham	9:55.8	24:40.73	
62	Amy Zhang	9	Jfk Bellmore	10:10.3	25:16.78	42
63	Caitlin Glynn	9	Jfk Bellmore	10:10.4	25:17.12	
64	Alanna Adler	10	Jericho	10:11.0	25:18.61	
65	Leanne Saban	9	Jericho	10:12.3	25:21.73	
66	Gabrielle Fisher	12	Calhoun	10:22.7	25:47.66	
67	Alina Xu	10	Jericho	10:26.6	25:57.24	
68	Shannon McDougal	9	Garden City	10:31.0	26:08.23	
69	Victoria Nuzzolo	9	Garden City	10:35.0	26:18.12	
70	Jordyn Malone	10	Jericho	10:45.0	26:42.96	
71	Jillian Rossi	9	Jfk Bellmore	10:46.9	26:47.73	
72	Jessica Rakowski	9	Jfk Bellmore	10:52.5	27:01.71	

